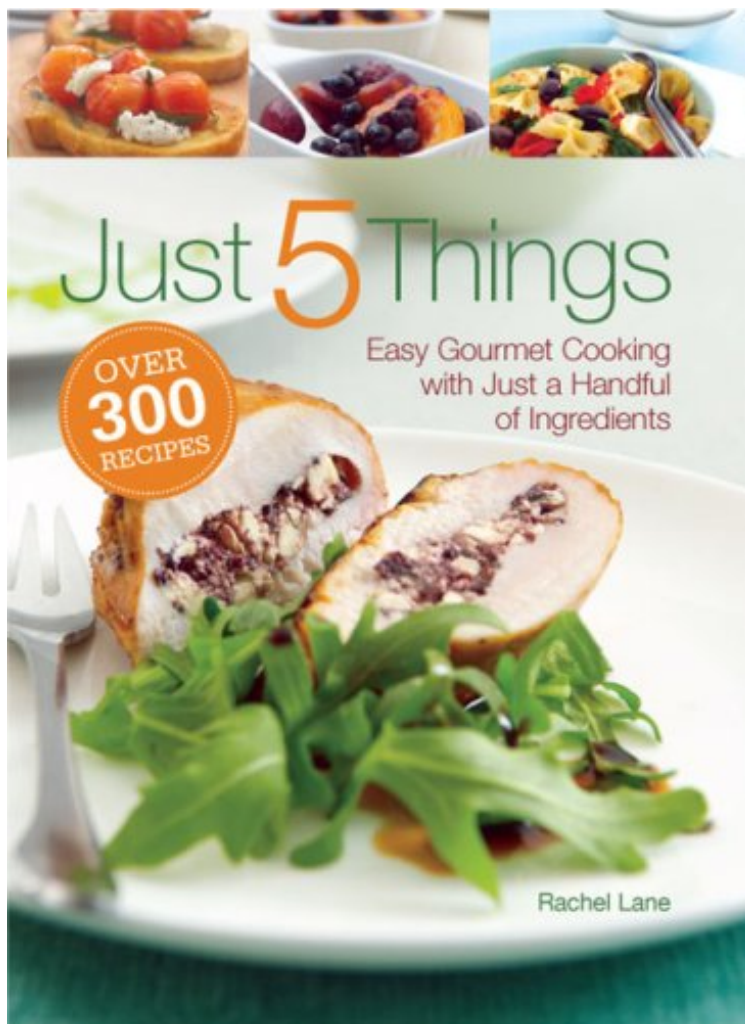


(Ebook pdf) Just 5 Things: Easy Gourmet Cooking with Just a Handful of Ingredients

## Just 5 Things: Easy Gourmet Cooking with Just a Handful of Ingredients

Rachel Lane

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#159580 in Books 2008-11-13 2008-11-13 Ingredients: Example Ingredients Original language: English PDF #1 8.56 x 1.95 x 6.62l, 3.53 Binding: Mass Market Paperback 704 pages | File size: 57.Mb

**Rachel Lane : Just 5 Things: Easy Gourmet Cooking with Just a Handful of Ingredients** before purchasing it in order to gage whether or not it would be worth my time, and all praised Just 5 Things: Easy Gourmet Cooking with Just a Handful of Ingredients:

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to follow cookbook By J. C. Sterne A very modern and easy to follow cookbook. Takes into account the kinds of changes many of us have made over the last several years. Fresher ingredients. More ethnic influences. Lots of taste! Truthfully, I wouldn't normally pick up a Reader's Digest cookbook, but this one was done by someone who can really cook. It is not just a generic compilation of recipes with pretty pictures. I have already purchased another copy for my goddaughter. 2 of 3 people found the following review helpful. For dinner: 5 things includes a side dish as well!! By Karen Takatani This book is visually beautiful, with many great recipes. I was looking for a book using simple and fresh ingredients with the focus on making a main meal. There are several other non-dinner sections (snacks, desserts, eggs.) I was very surprised to see that most chicken/beef/lamb/fish dishes included a SIDE dish as part of the five ingredients! Usually it was simple, like potatoes with rosemary, minted peas, but still, very impressive. I have tried about 3-4 recipes and all were simple, but good. Each recipe has prep time, cook time, and difficulty level. With only five ingredients the prep time is usually around ten minutes. Nearly all main meal recipes "serve 4" so easy to use as is or divide in half for a smaller household. Most ingredients are easy to get at any store. The book tends to focus on fresh flavors and the natural taste of foods. You won't see many sauces in here, or butter. Although it is not a non-dairy cookbook, and doesn't organize around dietary needs, I noticed there are many dairy-free recipes. Each recipe is printed on the left side of the page in a nice large print with a full color picture on the right. A tab running along the left side of the left page states the category (Seafood, Pasta etc.) so it's easy to flip to the section you need. The only drawback is the index is not as comprehensive as I would have liked. Searching by ingredient is difficult. Instead you will probably end up flipping through the pictures. See my full description for a good index in my review of Robin Miller's book Robin Takes 5: 500 Recipes, 5 Ingredients or Less, 500 Calories or Less, for 5 Nights/Week at 5:00 PM Robin's book has more dairy/cheese recipes with a whole section on flatbreads/pizzas. I recommend both books side by side as excellent resources for easy to use recipes. They are both so comprehensive with such fresh and healthy ingredients I wonder if I can ever go back to 10 and 12 ingredient recipes again! -karen takatani

More than 320 quick-to-fix recipes that use five or less common, readily available ingredients-guaranteed to be crowd-pleasers for every meal from family weekday dinners to special-occasion entertaining. With increasingly less time for shopping and cooking, we are all looking for new ways to create delicious, gourmet food that both tastes great and is healthy for ourselves and our families. Just 5 Things is divided into 11 easy-to-consult chapters, with dishes for every occasion, from after-school snacks and light-lunch soups and salads to heartier dinner offerings featuring pasta, noodles, and grains. You'll also find chapters with dishes based on protein-packed seafood, chicken, meat, and eggs that are perfect for family meals and entertaining. The book finishes with a chapter of 40 mouthwatering desserts. All of the recipes have been tested and each one is illustrated by a stylish color photograph to help novice cooks prepare and present the dishes with ease and flair. The book features: \* No more than five ingredients in every recipe for easy gourmet food \* More than 320 scrumptious recipes for family meals and entertaining \* A beautiful color photograph showcases exactly how each finished dish will look \* Sample recipes, such as: Caramelized Onion and Spinach Tarts; Roasted Bell Pepper Soup; Baked Fish with Capers and Lemon; and homemade Strawberry and Yogurt Ice Cream Just 5 Things will be a welcome addition to every food-lover's library-and a much-thumbed classic on kitchen shelves for easy gourmet cooking.