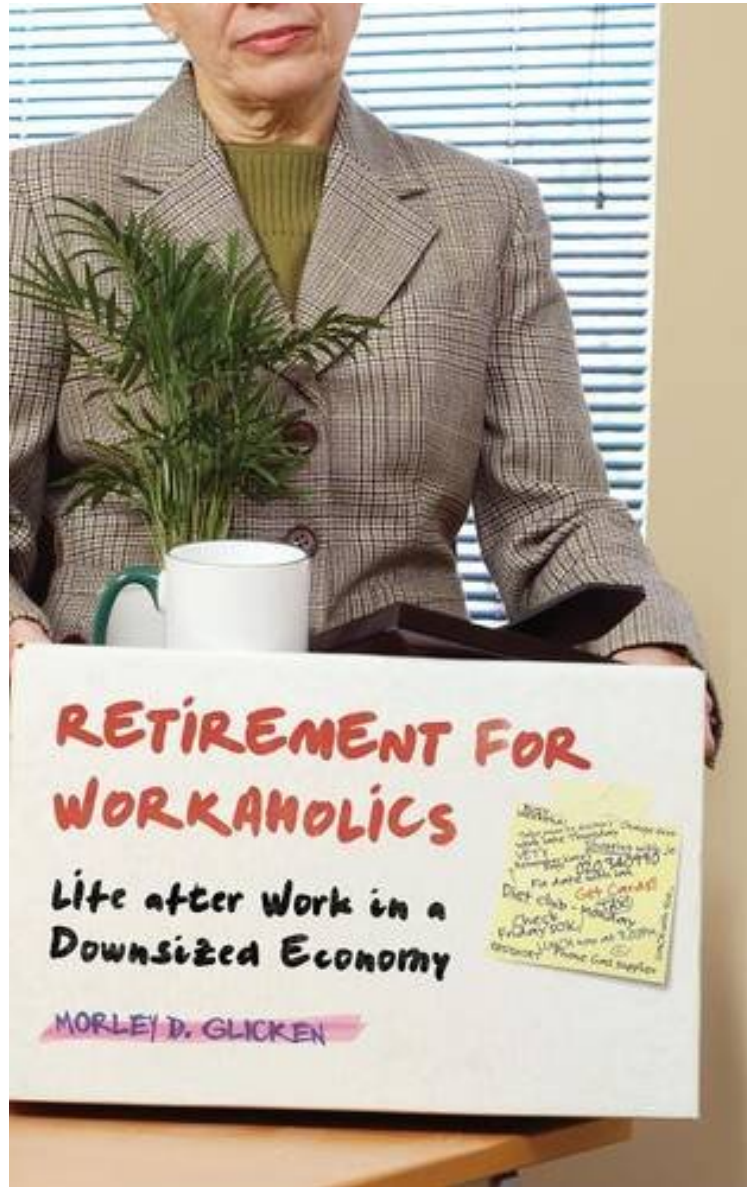


(Library ebook) Retirement for Workaholics: Life after Work in a Downsized Economy

Retirement for Workaholics: Life after Work in a Downsized Economy

Morley D. Glicken

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0 of 4 people found the following review helpful. Great read!By Mark TwainWonderful read. Highly recommended. Especially loved the part written by the guy that commutes from Miami to Israel every few weeks!

An expert in retirement issues, aging, and social work shows how workaholics who have been downsized, forced into retirement, or burned out on their current jobs can remain actively engaged in meaningful projects and maintain their happiness. Presents 75 personal stories, case studies, and vignettes that offer constructive suggestions for dealing with workaholic behavior Offers suggestions as to how workaholics can change their behavior to better cope with retirement

About the AuthorMorley D. Glicken, PhD, has been a professor, director, and dean of schools of social work and is currently on faculty at Arizona State University in Phoenix, AZ.