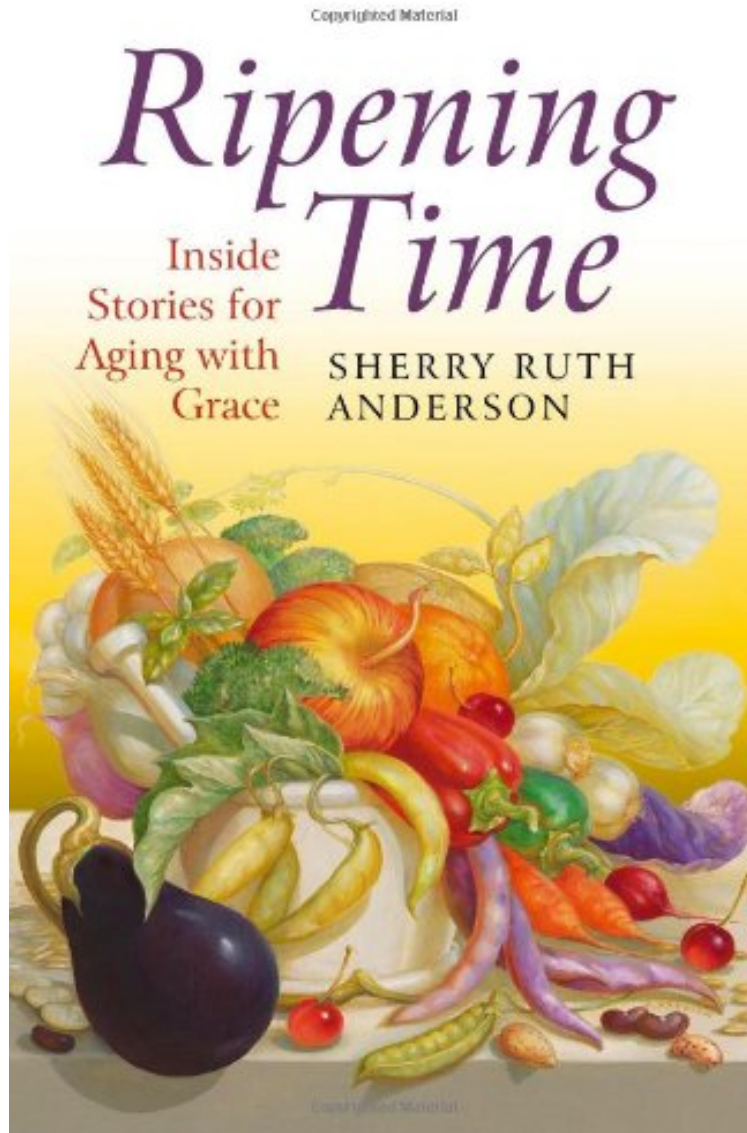


(Read free) Ripening Time: Inside Stories for Aging with Grace

## Ripening Time: Inside Stories for Aging with Grace

Sherry Ruth Anderson

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**Sherry Ruth Anderson : Ripening Time: Inside Stories for Aging with Grace** before purchasing it in order to gage whether or not it would be worth my time, and all praised Ripening Time: Inside Stories for Aging with Grace:

8 of 8 people found the following review helpful. RIPENING!By Innocent BystanderThis is a slow read because she is 'reframing' how our culture obliges us to feel burdened by aging. Ahhh, but this is not a fluffy, cutie pie, platitudeladen march into Senior Citizen-dom. She puts you to work. Get a journal for this one. Better yet...form a group! nominate it for your book club!Talk it up. Drop it into conversations. Why...With over 12,000 a day turning 65... before we can

change how the culture regards us... we have to examine --- with twinkle in the eye! ---how we experience ourselves.6  
of 6 people found the following review helpful. beautifully written and evocative reflections on agingBy  
StephanieUnlike some of the books on aging I have looked at which seem to exhort us to do this or that, this book is  
more an invitation -- to be with what is actually happening in our bodies, minds, and spirits; to reflect on meaning and  
leadings; to open up to the deeper and wider range of possibilities that beckon to us in the ripeness of our later years.6  
of 6 people found the following review helpful. Master of InquiryBy G HorvathBeautifully written by a master of  
inquiry Ripening Time cracks open our imagination and curiosity about the potential of what and who we can be if we  
ripen our full human development. Baby Boomers, about to test the limits of longevity, have always challenged the  
status quo the way we have lived, loved and explored the meaning of our lives. Sherry Ruth Anderson opens a new  
gateway of discovery by challenging our limiting cultural beliefs on aging and asking provocative questions about  
what can we create that is real and life-enriching as we enter this new territory. Highly recommended!

In *Ripening Time: Inside Stories for Aging with Grace*, Sherry Ruth Anderson presents a new perspective on aging. In  
her latest book, the bestselling author of *The Feminine Face of God* and *The Cultural Creatives* invites the reader to  
engage the aging process through the art of inner inquiry. She guides us beyond our culture's mind traps through  
stories where elders face into the lies, the losses and endings, the tender and bittersweet and ferocious truths of  
growing old. Giving us an indispensable compass, she shows how growing into old age can be a fruition, the genuine  
grace and gift of human ripening.

Sherry Anderson opened one door when she co-authored *The Feminine Face of God*. Now she opens another. With  
honesty, wealth of experience, and penetrating questions, she leads us again. The issue, she says, is not to know the  
map [of elderhood], but to be the map. These writings are a rich and important resource for all who wonder how to  
reach the true harvest of their lives. You will not be disappointed. (Paula D'Arcy)About the AuthorSherry Ruth  
Anderson writes and teaches about spiritual development, with a special interest in women's experience and aging as  
awakening. Her books include "*The Feminine Face of God*" and "*The Cultural Creatives*," and her recent documentary  
is "*A Woman's Descent to the Sacred*." She lives in Novato, California.