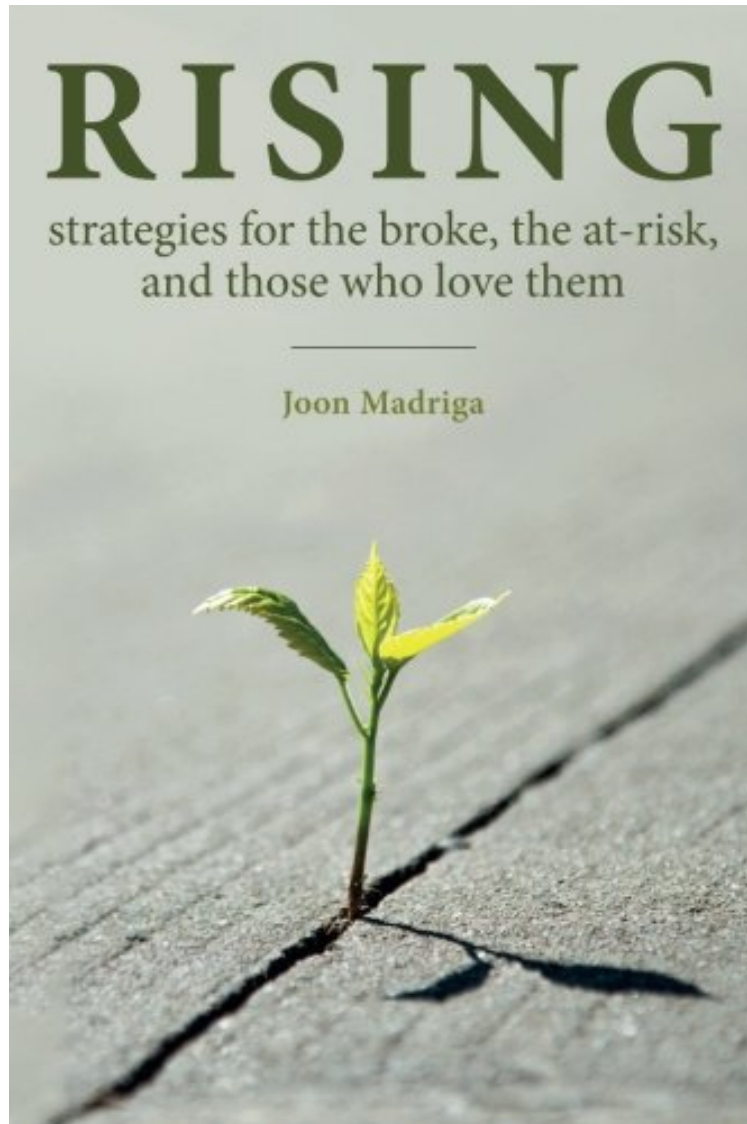


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Rising: Strategies for the Broke, the At-Risk, and Those Who Love Them

Joon Madriga

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Joon Madriga : Rising: Strategies for the Broke, the At-Risk, and Those Who Love Them before purchasing it in order to gauge whether or not it would be worth my time, and all praised Rising: Strategies for the Broke, the At-Risk, and Those Who Love Them:

6 of 6 people found the following review helpful. So much more than a book on financial stability By Stephanie Quite possibly the first of its kind, RISING addresses not only the practical steps to moving out of the red and into the black,

pursuing financial independence and therefore overall freedom, but Madriga also takes a look at the emotional/psychological reasons we may find ourselves in less than desirable financial circumstances. Peppared with her own life experiences, the author unobstrusively walks us through our options, some common pitfalls, and most importantly, how to move through them. She challenges our assumptions and makes us question our long-held beliefs, some we may not even be aware of. Very eye-opening and productive, to say the least. Some may be put off by the general focus on those who are in a financial crisis because of a disability, but the information is applicable to all sorts of circumstances: the single mom starting over; the Vet with mild PTSD; the middle-class businessman whose parents taught him to be suspicious of those with money; parents of children with autism; those who are too proud to "take a hand-out." It's all in here. The information is easily extrapolated to fit the reader's specific circumstances, because, let's be honest, if you're considering reading a book on financial independence, you've got some issues to overcome. Madriga takes on these issues with ease, clarity, empathy and expertise. The writing itself is easy to follow, fluid and expertly edited. The book is divided into sections that can be read out of order according to the reader's interests, but I'd suggest reading through from front to back. I look forward to more from Madriga. 6 of 6 people found the following review helpful. This is REAL. It's moving, and it's informative. By T. Mitchell This book is the book people need to read. It's not giving up a latte or how to make it work on \$50,000. It's how to get ahead and take care of yourself on \$25,000 or less. As a disabled person, it spoke to me strongly and I walked away feeling less stigmatized and shameful than I have in years. It's a life changer. Advocate for yourself, help others in similar situations, and practice self care. Rising is amazing, and I'm looking forward to more from Madriga. 5 of 5 people found the following review helpful. Fresh personal finance content alert! By Customer I have enjoyed reading this book very much. For a book about personal finance it has some content that I haven't come across in such a book before. For example, there are two short chapter about processing financial grief and learning to regret. These chapters spoke to me very strongly. I cleaned up my financial life about three years ago at the age of 48. One of the hardest parts of making positive changes to my finances now was that I had to look at my financial past. There was huge shame there for me and some feelings of depression. Ms. Madriga offers suggestions for working through this stuff. This is so helpful. I am a member of an on-line personal finance forum and a group of us have started working together through the questions.

For many, achieving financial success seems impossible. They are convinced they are destined to be poor and that wealth is only a result of fortunate circumstances such as an inheritance, luck in the stock market, or a high-paying job. But this simply isn't true. For one, even windfalls are worthless without application of effective financial practices. For two, the same such practices can transform even tiny amounts of money into exponentially more. Rising provides the tools you need to realize economic well-being. Pulling from her own painful experiences of desperate poverty, as well as her work with thousands of clients who faced similar challenges, author Joon Madriga provides a step-by-step approach to help anyone achieve financial security even if they're struggling with circumstances such as low income, poverty, abuse, disability, or other challenges. With chapters such as Overcoming the Barriers, Processing Financial Grief, Coping with Corruption, and Considering the Math, Joon offers concrete, detailed steps to help readers map out and achieve personal success. Reflecting the practicality of *Your Money or Your Life*, the pointedness of *Mr. Money Mustache*, and the empathy of *Codependent No More*, this remarkable book will both inspire and empower you to rise above your circumstances and fulfill your dreams. Ms Madriga blogs, and offers a free e-course based on the book, at www.financialtipsforthebroke.com

"Joon Madriga challenged it. She wrote *Rising: strategies for the broke, the at-risk, and those who love them*. Ms. Madriga lived on the streets. She described the mountains of obstacles that many street people face. No longer homeless, she wrote a step-by-step guide to help other people. She also re-opened my mind." Andrew Hallam, author of *Millionaire Teacher: The Nine Rules of Wealth You Should Have Learned in School* "...valuable to a specific but still-large niche audience." *Mr. Money Mustache* "We need this resource! You're providing a very valuable service." Captain Awkward About the Author Marginalized by an undiagnosed disability, Ms Joon Madriga lived on the streets before stumbling into a career as a volunteer advocate. After successfully helping herself and thousands of others, she wrote *Rising*.