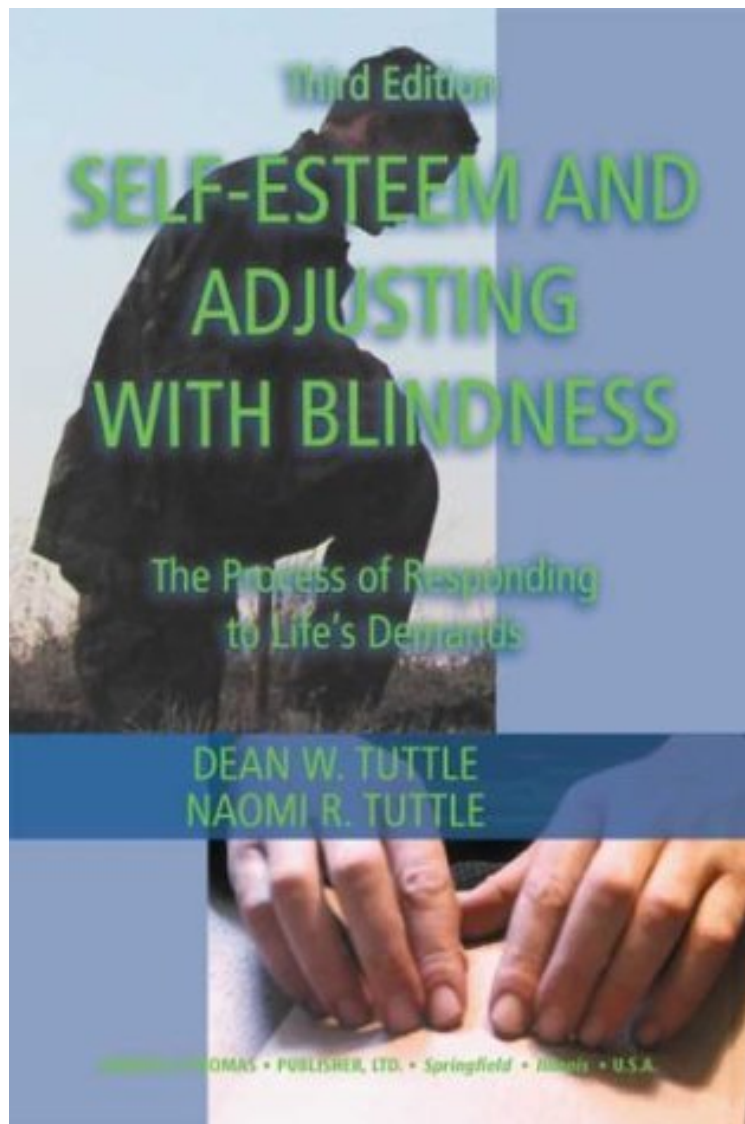


(Free and download) Self-Esteem and Adjusting With Blindness: The Process of Responding to Life's Demands

Self-Esteem and Adjusting With Blindness: The Process of Responding to Life's Demands

Dean W. Tuttle, Naomi R. Tuttle

**Download PDF | ePub | DOC | audiobook | ebooks*



[Download](#)

[Read Online](#)

#1197699 in Books 2004-07-01 Original language: English PDF # 1 9.95 x .82 x 7.111, .0 #File Name: 0398075093328 pages | File size: 18.Mb

Dean W. Tuttle, Naomi R. Tuttle : Self-Esteem and Adjusting With Blindness: The Process of Responding to Life's Demands before purchasing it in order to gage whether or not it would be worth my time, and all praised Self-Esteem and Adjusting With Blindness: The Process of Responding to Life's Demands:

3 of 3 people found the following review helpful. A powerfully insightful book about the socio-emotional life of the

blind/visually impaired. By Pamela Lerch This is an excellent and very intriguing piece of literature, exploring the socio-emotional life of the visually impaired. It plunges the depths of how self-esteem develops in the visually impaired and shows why they are so vulnerable. This landmark book also includes many ideas to raise self-esteem. It has many practical ideas that can be easily implemented. It is a must read for any one working in the field or has friends or family that are blind or visually impaired. 3 of 4 people found the following review helpful. A good guide to those facing diminished sight. By S J Perrott I am not in a position to really review this book yet. I have not read a lot of it, but the author's background, the reason he wrote the book, and the list of topics it covers appear to be exactly what I was looking for. I am facing potential loss of sight in one eye, and possibly both, and I needed to understand how I might even survive. Because I have spent my life using my eyes to make a living and to entertain and care for myself, I was very depressed and frustrated at this possibility. However, this book does offer hope and encouragement. I will augment this review later when I have read more. 0 of 0 people found the following review helpful. Five Stars. By michaelle Thank you

This new and expanded Third Edition analyzes blindness within the context of two overlapping theoretical constructs: the development of self-esteem and the process of adjusting to social and/or physical trauma. The book is divided into four sections. The first section provides an overview of blindness and the essential background for subsequent discussions. Section II explores the general theoretical model for the development of self-esteem common to all persons and analyzes the impact that blindness imposes upon this model. Section III explores the process of coping with social and physical traumas or crises. Section IV is addressed primarily to members of the blind person's support team and provides suggestions for creating a climate for optimum development. Factors that may influence the adjustment process, descriptions of external and internal sources of self-esteem, activities for stimulating affective growth, and guidelines for professionals who work with the blind are included. Personal impacts and psychosocial implications of blindness are discussed in-depth and illustrated with biographical and autobiographical statements by more than 50 blind men and women. This book will serve as an excellent review and refresher for experienced practitioners and administrators working in the field of blindness. Professionals in education, social work, vocational counseling, rehabilitation, recreation therapy, ophthalmology, and optometry will find this comprehensive resource to be an invaluable addition to their libraries.