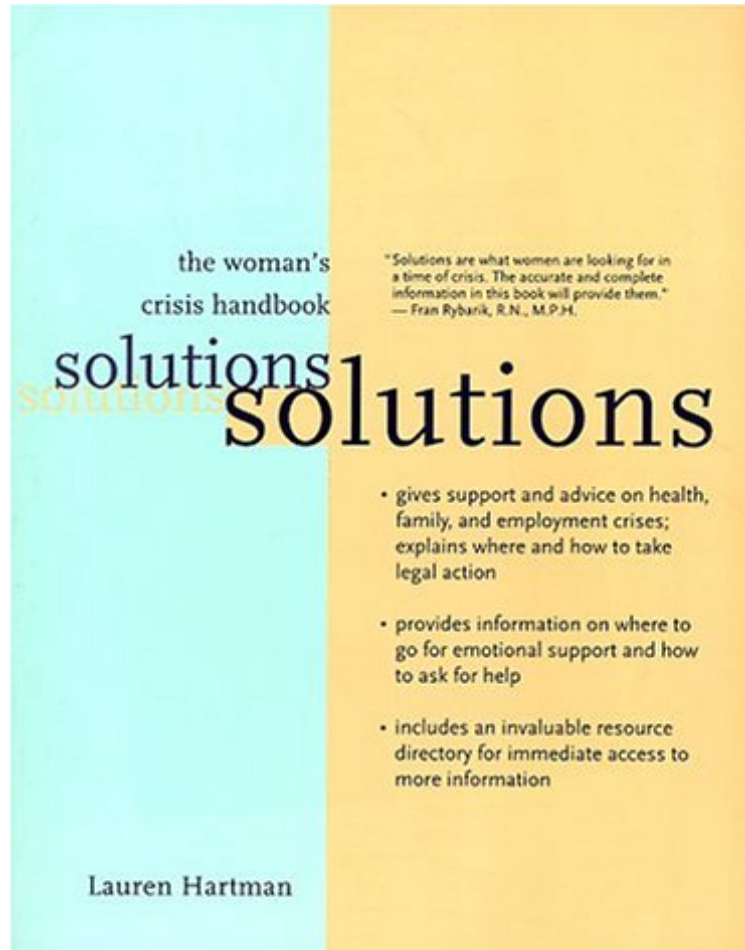


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Solutions: The Woman's Crisis Handbook

Lauren Hartman

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.com Solutions: The Woman's Crisis Handbook is an ideal resource for a clinic, shelter, hot line, or public library. Despite the title, much of the content is applicable to both sexes--anyone needing to address topics from job loss to home health care could benefit from the information included here, although the text in general and many of the chapters in particular are incontrovertibly written with women in mind. Detailed, thoroughly researched, and highly practical, the book is divided into two segments: the first provides a wealth of information on topics from maternity leave to runaway children, from mental illness to aging; the second section, nearly 100 pages, is an annotated list of services arranged by their relevance to the crisis at hand. Solutions has a strong emphasis on legal resources. If your child is between one day and three years old and has been diagnosed with a disability, for example, this is the book that will tell you to what health care she or he may be legally entitled and how to go about obtaining it. Whether the difficulties are at work or with violence, health, psyche, or the family, this book provides excellent guidance to direct your approach when a crisis first begins to take hold. --Elizabeth BriskinFrom Library JournalWomen may face a variety of crises in their lives, among them discrimination or harassment at work, domestic violence, serious illness, and problems related to reproduction, child rearing, and elder care. Having the knowledge to make informed decisions and the resources for obtaining support will allow women to deal effectively with each situation, and this book provides the necessary tools. Each chapter covers a specific subject, e.g., mental health, aging, and divorce, offering an overview of the legal, medical, and/or psychosocial issues, appropriate responses, and how and where to seek help. A resource directory completes the text. An introduction to the directory explains how to find local information and how to conduct effective transactions when seeking help. The directory itself is organized by the same subjects as the chapters and lists both government and private agencies as well as books for research. Bringing together information from standard sources such as The Encyclopedia of Associations (Gale), The United States Government Manual (Bernan), and legal self-help books, this fine work is a good companion to these sources in large libraries and an excellent addition to small reference and all circulating collections. ?Barbara M. Bibel, Oakland P.L., Cal.Copyright 1997 Reed Business Information, Inc.About the AuthorResearcher and writer Lauren Hartman currently lives in Los Angeles.